

4 Regular HIV viral load testing is the most reliable way to detect early treatment failure

- If you are on ART, you should have viral load testing every six months when and where available.
- 'Treatment failure' is defined as a persistent viral load above 5000 copies per ml.
- Prevention of drug resistance reduces the need for expensive second- and third-line antiretroviral drugs, so that more people can be on treatment.



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TREATASIA

Revised WHO guidelines on antiretroviral therapy for adults and adolescents

In 2010, the World Health Organization updated its guidelines on Antiretroviral Therapy (ART) for treating HIV infection in adults and adolescents.

The updates resulted in changes with regards to treatment – for when people should start taking ART, which combinations of ARVs people should start with, how to manage co-infection with tuberculosis (TB), etc.

It is important to know the changes in guidelines and why they are important to protect your health and the health of your partner and children.

This fact sheet tries to summarize and 'make sense of' the guideline update and what it means to YOU.

